



## Helene and Paulino

Birthday celebrations, family feasts – these are some of the memories Helene has of her home in South Sudan. Life before the war was good. Helene owned her own market and lived with her children and grandchildren.

Then the civil war broke out. As the violence came closer, Helene's family was forced to flee. They used every penny they had to travel across the border into Uganda.

Soon after arriving in Uganda, Helene noticed her grandson, Paulino, was sick. A deep cough racked his small body. He was struggling to breath. Whenever he ate, he vomited.

Thankfully, a health clinic run by Medical Teams was nearby. Helene rushed Paulino to the clinic, terrified he would not survive this illness. The clinic workers diagnosed Paulino with severe malnutrition – the kind that can quickly lead to death. They gave Paulino PlumpyNut, a peanut-based supplement, and some nutrient-rich porridge.

Medical Teams closely tracked and monitored Paulino's progress to make sure he remained hydrated and fed. It took Paulino four long months to recover. Paulino's grandma still receives a ration of supplemental food, which she feeds to her grandchildren.

Helene is thankful that Medical Teams was there to save Paulino's life. And Medical Teams was there because of you. Thank you!



A much  
healthier  
Paulino!



## CONTACT US

**U.S. Headquarters**  
 14150 SW Milton Court  
 Tigard, OR 97224  
 800.959.4325 [HEAL]

**Washington Office**  
 9680 153rd Ave NE  
 Redmond, WA 98052  
 425.454.8326 [TEAM]

[info@medicalteams.org](mailto:info@medicalteams.org)  
[www.medicalteams.org](http://www.medicalteams.org)

# THANK YOU!

YOUR SUPPORT RESTORES

# HEALTH

TO THE HUNGRY



**Did you know there is a hunger crisis in South Sudan?**

South Sudan's civil war has raged for

**3+**  
YEARS

It is too dangerous to farm fields.



Prices for basic foods have skyrocketed.



Volatile conditions prevent aid from reaching people in South Sudan.



**1.7 million**

South Sudanese face emergency levels of hunger.



**Thousands of refugees,**

primarily women and children, are fleeing into Uganda weekly, desperate for food and safety.

**Thanks to you, mothers and babies are accessing life-saving health care and food in Uganda.**



#### MOTHERS AND BABIES ARE:

##### CARED FOR.

Every single South Sudanese refugee who crosses the Uganda border is screened for malnutrition.

##### NOURISHED.

Emergency therapeutic foods, like peanut-based pastes, are distributed to children. Mothers and babies receive supplemental foods for the first 1,000 days.

##### HEALTHY.

Pregnant women and new moms receive the pre- and post-natal care and nutrition they need.

##### EMPOWERED.

Women learn to recognize malnutrition and other illnesses and are taught how to prepare nutritious food.

**In the first week of June alone...**

**3,000+**

S. Sudanese refugees were received and evaluated by Medical Teams staff.

**3,000+**

People attended nutrition education in Uganda.

**9,000+**

People were screened for malnutrition at all Medical Teams operated facilities in Uganda.